



Manland Primary School Newsletter

Friday 3rd July 2026



Diary Dates

Dear Parents and Carers,

The summer season is well and truly in full swing here at Manland, and children are enjoying our usual calendar of events. Among other things, we had a great time at District Sports earlier this week and came away with an entire haul of trophies.

We are all very much looking forward to Sports Day next week as, we are sure, are you. It has been a fantastic sporting year at Manland and next week will be an opportunity, not only to experience some more spectacular athleticism, but also an opportunity to reflect on the many successes throughout the year. We hope as many of you as possible can join us on **Friday 10th July**.

Until then, have a restful and enjoyable weekend.

Best wishes,

Mrs Wicks and Mr Comer, Co-Headteachers

Date	Event
Thursday 9th July 2026	Secondary Transition Day for Year 6 pupils "Meet the Teacher" sessions for Reception to Year 5 pupils
Thursday 9 th July 2026	Year 3 last swim
Friday 10 th July 2026	Sports Day
Tuesday 14 th July 2026	Year 5 & 6 Performance at 1.40pm
Wednesday 15 th July 2026	Year 5 & 6 Performance at 6.00pm (no younger siblings)



Manland Values Award

Darcey is a great example of the Manland values and is a wonderful role model for our school community. She comes into school ready to learn each day, showing a positive attitude and a genuine enthusiasm for lessons.

Darcey is always willing to have a go and perseveres when she finds something tricky, demonstrating resilience, determination, and aspiration, one of the Manland values. She is also a great sportswoman who has represented the school very well at both netball and football, showing excellent teamwork, effort and sportsmanship.

She sets a great example to her peers through the way she behaves, works hard and supports others. Her kind and sensible approach makes her a valued member of the class and the wider school.



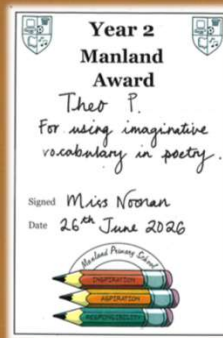
Manland Values Award

Throughout the year Neve has consistently demonstrated the Manland values of responsibility, aspiration and inspiration in everything she does. She is an incredibly caring and empathetic young lady who always looks out for those around her, making sure others are okay and offering comfort and kindness whenever someone needs it. She approaches every challenge with determination, always trying her very best, and is eager to share her achievements and experiences outside of school with genuine enthusiasm. Although she has every reason to be proud of all she accomplishes, she remains wonderfully modest and humble. Her love of life shines through each day, and her cheerful "good morning" and warm smile brighten the classroom for everyone. She truly embodies everything the Manland values stand for.



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Manland Certificate Board



Manland Certificate Board





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Safeguarding

We have a **Safeguarding Team** in school.
If you ever have a concern about a child,
please speak to:

Mrs Wicks, Mr Comer, Miss Noonan or
Mrs Kemp or email them at

safeguarding@manland.herts.sch.uk



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Attendance



Our whole school attendance for the
last two weeks is **98.5%**

Keep it up everyone!



Allergy news from Anaphylaxis UK



Holidays and allergies

Are you going on holiday soon? Make sure you have your **medication** on you at all times. If you have been prescribed adrenaline devices (EpiPen, Jext or EURneffy), always carry two.

When you have arrived at your destination there are various ways that you can carry your adrenaline devices discreetly. However, make sure you let whoever you are travelling with know where they are and how to use them if a reaction occurs. Make sure those you are travelling with are aware of the symptoms of anaphylaxis.

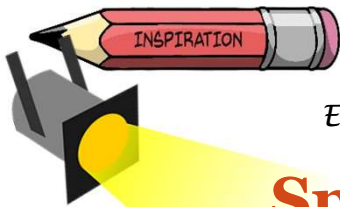
More tips:

Travelling with Serious Allergies Guide;
Top Tips to Prepare for Your Holiday Poster



Suncream

Some sun creams contain nut oils, but not all nut oils are the same. Refined nut oils are highly refined cosmetic-grade oils and very unlikely to pose a risk, as they do not contain allergenic proteins. Unrefined nut oils may still contain proteins, so a reaction is possible. If unsure, check with the manufacturer or choose an alternative product to stay safe. Read our factsheet on sun cream and nut oils in **Cosmetics, personal care products and medicines guide.**



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Spotlight on District Sports

On Tuesday a large group of children from years 3-6 represented Manland at the annual District Sports event held on the field at SJL school. All the children were amazing in everything they did and in their support for each other. The afternoon started with the field events and moved on to the track events. Manland performed exceptionally well making almost every single final race. We had many children placing very well in their individual races and lots of top 3 places.

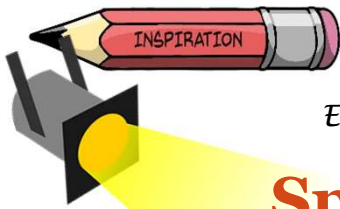
All the amazing performances by Manland resulted in us becoming **Smalls champions for the second-year running!!** We also took away many other trophies for winning various other sporting events throughout the year!

Everyone involved should be very proud of themselves, well done!!



Year 3 Distance Race Boys— Oscar W
Year 3 Shuttle Relay Boys—Oscar W, Will K, Saeed and Oli M
Year 4 Distance Race Boys—Tom M
Year 5 Distance Race Boys—Harrison
Year 6 Distance Race Boys—William S





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Spotlight on District Sports

2nd Place:

Year 4 Shuttle Relay Girls—Savi, Sophia J, Ori
and Imogen D

Year 6 Flat Race Girls—Ava

Year 6 Distance Race Girls—Saga



3rd Place:

Year 3 Flat Race Boys—Saeed

Year 4 Distance Race Girls—Ori

Year 5 Distance Race Girls—Darcey

Year 5 Shuttle Relay Boys—Henry G, Noah,
Harrison and Ernest

Year 6 Triple Jump Girls—Saga

Year 6 Triple Jump Boys—Sammy





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Year 4 & 6 Food and Farming Day

Year 4 and Year 6 had a fantastic day at the Food and Farming Day at Herts Showground. We learnt all about food, farming and the countryside. At the Ready Steady Cook tent, chefs from Oaklands College taught us how to prepare and cook delicious food. In the Fruit and Veg tent, we made vegetable kebabs and fruit pots, and even planted our own tomato plants to take home. We also had the chance to make sausages and, of course, taste some too!

Throughout the day, we sampled lots of different foods, including Ghanaian couscous, ice cream, yoghurt, duck, and locally produced honey. We met the police, asked them lots of questions about their jobs, and even tried on some of their uniforms.

One of the highlights was watching the sheep show, where we learnt about sheep breeding and saw how sheep are sheared. We also enjoyed a tractor ride around the showground and learnt about the important role farming plays in our everyday lives.

It was a fun-filled day packed with learning, new experiences, delicious food, and lots of full bellies!





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Festival of Sport

On Friday 19th June, a small group of children from year 4 attended a Festival Of Sport at Oaklands college. The children had the opportunity to try several different activities including Dance, Athletics, Archery, and some fun team building games. They all had a brilliant day showing great enthusiasm for every activity they took part in! Well done to everyone involved.



Pupil News

Marcus in Year 6 has won players player for his U11's Colts team this year. He was their top goal scorer. Congratulations to Marcus.



Pupil News

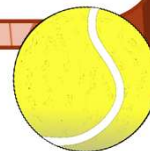
After attending Sketching Club, Inayah created this fantastic embroidered giraffe. She used her drawing skills to design and then stitched over a number of months. Well done on your creativity.



Pupil News

Charlie J from Year 3 won the Elliswick u9 Junior Tennis Tournament last weekend! He progressed through the round robin stage into the final where he fought back from a one tie-break down to win the final 1-7, 7-5, 7-4 with remarkable determination and focus.

We are so proud of all the hard work and practice he has put into his tennis. Well done Charlie.





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National
Year of
Reading
2026



This year's Summer Reading Challenge starts this Saturday! The challenge is run by Hertfordshire libraries and encourages children to read at least six books over the summer holidays. Children can register for the challenge at our local library on the high street, where they will receive their challenge booklet and start reading. Books that count towards the challenge include audiobooks and e-books (including ones borrowed through BorrowBox). Once read, children should be able to talk about their books with the librarians.

To kickstart the event, musicians will be holding a session at our local library on Saturday morning - why not drop by? Forty-nine Manland children took part in the challenge last summer - can we beat that this year?!

This would also be a great opportunity to snap a photo for 2027's 'Get Caught Reading' competition! We very much look forward to hearing about all the great books children have been reading over the summer when we return in September.





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Safeguarding

Helping Children Stay Safe on Social Media

Social media ban in the UK

On 15 June 2026, the UK government announced that major social media platforms will be banned from providing accounts to people under the age of 16. The new law is expected to come into force in spring 2027. Following this announcement, we will be updating our online safety advice pages as more detail on the new laws becomes available.

Understanding risks

Social media is deeply embedded in the lives of many children and young people, offering spaces to connect, create, and explore. However, these platforms can expose them to experiences that are difficult to manage without support. Understanding the specific risks is essential for helping children navigate these environments safely and confidently.

Unwanted contact

Children may encounter people online they don't know, and not all interactions are safe. Unsolicited messages, friend requests, or group invites can lead to uncomfortable or even dangerous situations.

Exposure to inappropriate content

Children can be exposed to harmful material through group chats, disappearing messages, and peer pressure. Social media algorithms can also add to this risk by suggesting content based on what users engage with.

Distorted body image and unrealistic standards

Filters, editing tools, and curated posts often present an idealised version of reality. This can lead children to compare themselves unfairly, which can affect their self-esteem and body image.

The pressure of likes and comments

Online engagement – likes, shares, and comments – can feel like a measure of self-worth. Children may feel defined by their popularity online, leading to anxiety and a need for validation.





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Come & try!

at Mid Herts Music Centre

A fantastic opportunity for children and young people to try out a wide range of musical instruments, discover what suits them best, and learn more about the lessons, ensembles and opportunities available at Mid Herts Music Centre and around the county.



Thursday 16 July 2026



4.00pm - 5.30pm



Mid Herts Centre for Music & Arts



Free to attend - sign up required



Scan me for more



01707 270025



www.hertsmusicservice.org.uk/HMS-MidHerts



**Hertfordshire
Music Service**

Supported using public funding by



**ARTS COUNCIL
ENGLAND**



Hertfordshire



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Enter this exciting competition to win some fabulous prizes including a VIP ride on the new Hopper and some art supplies!

NAME OUR BUS

We need your help to name the new Harpenden Hopper bus!



HARPENDEN

To celebrate the new Harpenden Hopper bus, we are asking children in Harpenden aged 11 and under to help choose its name. The new bus will be a friend for Harold the Hopper Bus and together they will provide an important service to Harpenden.

To enter, draw or paint a picture of the bus with the name you suggest and deliver it to Harpenden Town Council, Town Hall, Leyton Road, Harpenden, AL5 2LX by 23rd July 2026. Don't forget to include your name, age, email address and school.



Find out more:
www.harpenden.gov.uk/hopper



**HARPENDEN
TOWN COUNCIL**
CLOSER TO THE COMMUNITY



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UNDERSTANDING ADHD & AUTISM IN THE EARLY YEARS

FREE INTRODUCTORY 6-WEEK COURSES
FOR PARENTS/CARERS

ABOUT THE COURSE

This interactive course is designed for parents & carers of children aged 2 to 5 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism

ALL SESSIONS MUST BE ATTENDED

TIME AND PLACE

Dates: Mondays, 14/9 to 19/10
Time: 9.30 to 11.30 am
ONLINE VIA ZOOM

01727 833963

herts@add-vance.org

http://www.add-vance.org/

Book your **FREE** ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>

These courses are funded by Hertfordshire County Council's Targeted Parenting Fund and are open to residents of Hertfordshire only



UNDERSTANDING ADHD & AUTISM IN THE PRIMARY YEARS

FREE INTRODUCTORY 6-WEEK COURSES
FOR PARENTS/CARERS

ABOUT THE COURSE

This interactive course is designed for parents & carers of children aged 5 to 11 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism (or 4 & already in reception).

ALL SESSIONS MUST BE ATTENDED

TIME AND PLACE

Dates: Thursdays, 10/9 to 15/10
Time: 10 am -12 pm
ONLINE VIA ZOOM
Dates: Wednesdays, 4/11 to 9/12
Time: 10 am -12 pm
ONLINE VIA ZOOM
Dates: Wednesdays, 4/11 to 9/12
Time: 7 to 9 pm
ONLINE VIA ZOOM

01727 833963

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UNDERSTANDING ADHD & AUTISM FOR PARENTS/CARERS OF GIRLS

FREE INTRODUCTORY 6-WEEK COURSES
FOR PARENTS/CARERS

ABOUT THE COURSE

This interactive course is designed for parents/carers of girls aged 5 to 14 yrs (or 4 and already in reception) with a diagnosis or suspected diagnosis of ADHD and/or Autism.

ALL SESSIONS MUST BE ATTENDED

TIME AND PLACE

Dates: Tuesdays, 8/9 to 13/10
Time: 10 am to 12 pm
ONLINE VIA ZOOM
Dates: Thursdays, 5/11 - 10/12
Time: 10 am to 12 pm
ONLINE VIA ZOOM

01727 833963

herts@add-vance.org

http://www.add-vance.org/

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UNDERSTANDING ADHD & AUTISM FOR DADS

FREE INTRODUCTORY 6-WEEK COURSES
FOR PARENTS/CARERS

ABOUT THE COURSE

These interactive courses are designed for dads /male carers of children aged 5 to 14 with a diagnosis or suspected diagnosis of ADHD and/or Autism.

ALL SESSIONS MUST BE ATTENDED

TIME AND PLACE

Dates: Wednesdays, 9/9 - 14/10
Time: 7 - 9 pm
ONLINE VIA ZOOM
Dates: Tuesdays, 3/11 - 8/12
Time: 7 - 9 pm
**Sopwell Family Centre,
Mandeville Dr, St Albans, AL1 2LE**

01727 833963

herts@add-vance.org

http://www.add-vance.org/

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ADD-vance
The ADHD and Autism Trust



FREE ONLINE AUTUMN 2026 WORKSHOPS FOR HERTS PARENTS/CARERS

Online Workshops funded by Hertfordshire County Council	Day	Date	Time
Identifying ADHD and/or Autism	Mon	7.9.26	19:00 - 20:30
Understanding Autism	Wed	9.9.26	10:00 - 11:30
Understanding Autism for Parents/Carers of Girls	Mon	14.9.26	19:00 - 20:30
Understanding ADHD and Autism in the Early Years	Wed	16.9.26	10:00 - 11:30
Understanding PDA	Mon	21.9.26	19:00 - 20:30
Understanding ADHD	Wed	23.9.26	10:00 - 11:30
Understanding Neurodivergent Teens	Mon	28.9.26	19:00 - 20:30
Supporting Siblings	Wed	30.9.26	10:00 - 11:30
Understanding Challenging Behaviour	Mon	5.10.26	10:00 - 11:30
Tips & Tools to Manage Anger	Wed	7.10.26	10:00 - 11:30
Understanding Sensory Differences	Mon	12.10.26	19:00 - 20:30
Tips & Tools to Manage Sensory Differences	Wed	14.10.26	10:00 - 11:30
Preparing for Adulthood (14+)	Mon	19.10.26	19:00 - 20:30
Understanding Self-Harm	Wed	21.10.26	10:00 - 11:30
Half Term			
Support for Dads and Other Male Carers	Mon	2.11.26	19:00 - 20:30
Applying for an EHCP	Wed	4.11.26	10:00 - 11:30
Understanding Anxiety	Mon	9.11.26	19:00 - 20:30
Tips & Tools to Manage Anxiety	Wed	11.11.26	10:00 - 11:30
Tips & Tools to Manage School Absence	Fri	13.11.26	10:00 - 11:30
Working in Partnership with School	Mon	16.11.26	10:00 - 11:30
Tips & Tools for Toileting	Wed	18.11.26	10:00 - 11:30
Tips & Tools to Support Communication	Mon	23.11.26	19:00 - 20:30
Tips & Tools to Support Social Skills	Wed	25.11.26	10:00 - 11:30
Tips & Tools to Build Self-Esteem	Mon	30.11.26	10:00 - 11:30
Tips & Tools to Support Emotional Development	Wed	2.12.26	10:00 - 11:30
Tips & Tools for Positive Behaviour	Mon	7.12.26	19:00 - 20:30
Tips & Tools to Manage Everyday Changes	Wed	9.12.26	10:00 - 11:30

"What a fantastic workshop - thank you so much!
I've taken away a wealth of information"

"Absolutely incredible workshop, it has
been extremely beneficial to my child"

📞 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website

These workshops are funded by Hertfordshire County Council's Targeted Parenting Fund and are open to residents of Hertfordshire only

Recordings are sent to all registered participants to view for 7 days, even if you don't attend live.