

Manland Primary School Newsletter Friday 3rd October 2025







Dear Parents and Carers,

It has been another busy and productive couple of weeks at Manland, and children have been working incredibly hard. I have seen so many excellent pieces of work recently, including some amazing homelearning. It's been a pleasure to see so much enthusiasm for learning!

We have also elected our new Pupil Parliament for the year, including our new Prime Minister and Deputy – I am ready and waiting for my instructions from them about how we can make our amazing school even better.

During the elections, we had a record number of children delivering such well-prepared speeches with confidence and passion – it was really great to see.

I look forward to seeing everyone again next week!

Best wishes,

Mr Comer, Headteacher

Diary Dates

Date	Event
Monday 6 th October 2025	Year 5 Bikeability week begins
Tuesday 14th October 2025 Friday 17th October 2025	Year 2-Year 6 'Reading Workshop' with Miss Noonan, 9.00am Harvest Festival Celebration Assembly, 9.15am
Tuesday 21st October 2025	Parents Evening 3.30pm- 7.30pm
Thursday 23rd October 2025	Parents Evening 3.30pm- 5.30pm



Manland Values Award

Claudia consistently demonstrates punctuality and is always ready to learn, being the first to settle when class is called to attention. She shows great responsibility in her actions and leads by example, making them a role model for their peers.

You can always count on Claudia to get on with her tasks without needing reminders. Her focus is inspiring, and she consistently demonstrates a strong work ethic that encourages others. Claudia is a kind friend who supports those at her table, fostering a positive learning environment. I am particularly impressed with her writing progress already, especially how she has incorporated our new learning about relative clauses into her story, creating suspense and depth. Well done, Claudia!



Manland Values Award

Sienna greets us by a huge, warm smile everyday! It is like a ray of sunshine that brightens our classroom on a drizzly, autumn morning. We have been so impressed by the positive attitude she brings. Whether it's creating, exploring, learning our sounds or numbers, she tries her best and has high expectations for themselves. Sienna takes part enthusiastically in every area of learning.

She is kind and looks out for others in the class. If she sees someone on their own, she invites them to join in their game or activity. Sienna takes responsibility for our learning environment, helping to tidy not just the area they have been working in, but other areas that others have been working in too.

The Reception team are delighted to award the Manland Values cup to Sienna.







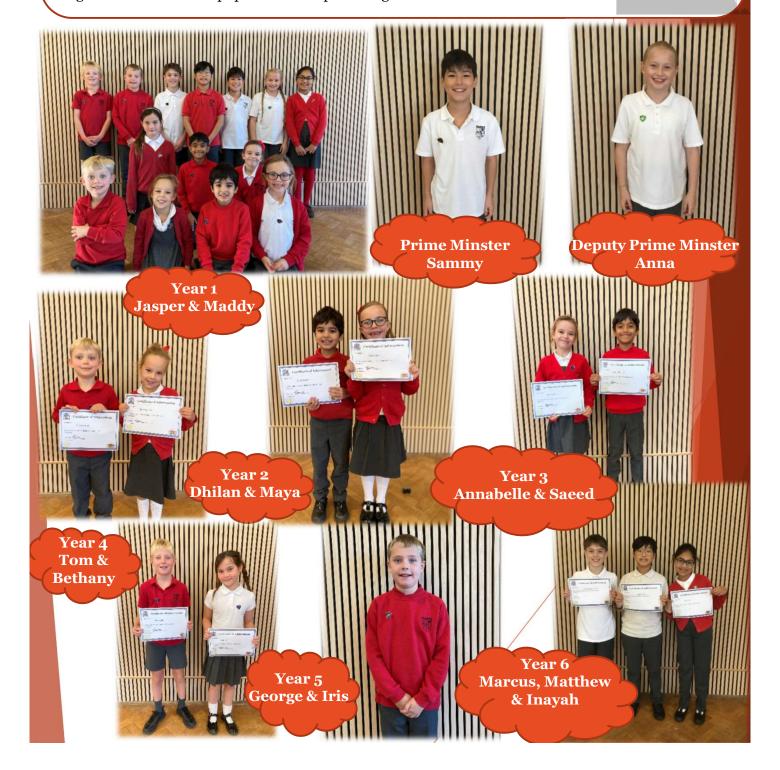


Spotlight on Pupil Parliament Elections

Democracy was in action last week when the whole school voted to elect the members of Pupil Parliament for this academic year!

Children were elected by their class after giving a short speech in which they outlined their leadership skills and explained why they were standing for election. Each year group elected two Members of Parliament to take on a 'ministerial role,' apart from Year 6, who elected five, two of whom were appointed as Prime Minister and Deputy Prime minister.

Congratulations to all the pupils who took part and good luck to all our Ministers!













Safeguarding

We have a **Safeguarding Team** in school. If you ever have a concern about a child, please speak to:

Mr Comer, Miss Noonan or Mrs Kemp or email them at

safeguarding@manland.herts.sch.uk



Harpenden Rugby Club Fireworks Tickets

"Harpenden Rugby Club is holding their annual fireworks show on Sunday, November 2. They are offering a 25% commission to the Manland HSA for any tickets sold through this link:

https://www.tickettailor.com/events/hrfc/1843837/r/manland.

Join other local families for an evening of fun!"



MOMENTS MATTER, ATTENDANCE COUNTS.

Attendance

Our whole school attendance for the last two weeks is **97.6**%

Keep it up everyone!



The hall at Manland School is available for hire for family birthday parties on weekends. Please contact the school office if you are interested.

HSA Diary Dates

Wed 5 Nov: Fireworks Theme Non-Uniform Day

(HSA)

Fri 7 Nov: Parents Quiz (HSA)

Fri 14 Nov: Disco Theme Non Uniform Day for

Children in Need

Fri 14 Nov: School Disco (HSA) Sat 29 Nov: Christmas Fete (HSA)

Fri 5 Dec: Rudolph Run (HSA)

Can You Help Support Manland Events? We're looking for sponsors and raffle prize donations for this year's Christmas Fete – 29 November 2025 and Summer Fete – 2026.

If you, or someone you know, can help, we'd love to

If you, or someone you know, can help, we'd love to hear from you.

Contact us:

III 07522 050 499

Thanks for supporting the HSA!









Football News

On Friday 19th September, 10 year 5&6 girls visited Roundwood school for their first round of league games.

They played 3 games, their first against St Dominic school finishing with Manland winning 3-0! An excellent effort! The following two against Wood End and Roundwood, both very close games with Manland unfortunately losing 1-0 and 2-0, respectively.

Well done to all girls that played, they all worked very hard playing three games in warm weather and should be very proud of themselves.

An extra mention to Ava who ran tirelessly in every game and to Charlotte who battled so well to score a very deserving goal in our first game.

Harvest

A reminder that you are cordially invited to Manland's Harvest Festival on **Friday 17**th **October** 2024 from 9.00am! The children are busy preparing songs to celebrate the occasion and they would love to see as many of you there as possible.

On the day, school will be collecting food for the St Albans District Foodbank. They are currently in need of the items below. If you are able to, please send your child into school with any donations of these items. These will then be collected by the food bank and distributed to families in need.



Baked Beans, Pasta, Rice, Tinned rice pudding, Tinned custard, Tinned peas, Tinned sweetcorn, Tinned vegetables, Tinned fruit, Tinned soups, Tinned meats, Tinned fish, Tinned tomatoes, Tinned chickpeas and pulses, Desserts, Biscuits and savoury snacks, Cereals(not oats-we have plenty!), Long life fruit juice, Long life Milk, Cooking Sauces, Cooking Oil(1 litre max), Noodles, Jam/Spreads, Toilet Rolls, Shower Gel/ Shampoo/Conditioner, Laundry tablets / washing up liquid, Nappies sizes 4 and upwards, Tea.



Friendship Boxes for Children in Ukraine

Once again Manland is supporting Rotary in Harpenden for their annual Friendship Box appeal for 2025, supporting families in Ukraine.

We will have a box for children to leave their donations in front of the office hatch If you can, please drop off donations of:

- coloured pencils, crayons, colouring books, puzzles and reading books
- small toys used or new, teddy bears etc
- Other items that will interest and stimulate children's minds
- **BUT PLEASE DO NOT INCLUDE** food, liquids, powders, batteries, sharp objects or religious artefacts

Collection of boxes will be made at the **beginning of November**.













Safeguarding

10 Ways to Support Your Child's Mental Health?

Friday 10th October 2025 is World Mental Health Day. On Thursday 9th October, we will be having a whole school assembly dedicated to this and on raising awareness of what mental health is, what may affect our mental health and how we can do things to help keep our mind happy, calm and healthy.

10 WAYS TO SUPPORT YOUR CHILD'S MENTAL HEALTH

Show them you love them and give them a hug if they will let you. If they don't like hugs, you could always give them a high five or make up a special handshake. Try to create a home environment where they know they are safe to be themselves. Accept them as they are and don't try to force them to be something they are not.

Take a genuine interest in the activities and things they love. If they love dinosaurs, learn about it so you can chat to them about their interest – get them to teach you. Tell them that you recognise their strengths and show them you notice when they do the right thing. Praising a child will show them that positive actions lead to positive results.

Make time and space for your child and give them your full attention. A little bit of undivided attention and active listening every day is great. Turn off your phone and really listen to them.

Show them that everyone is human and makes mistakes. By doing so you can model effective ways to deal with difficult situations. They will learn from you that it's okay to make mistakes and healthy ways to deal with it.

Make sure your child knows the family boundaries and what the consequences are if they cross the line. It's not the severity of the consequences that is necessarily important, but the fact they know there are clear boundaries and you will follow through.

Encourage your child to talk about emotions and mental health. Simply ecnouraging them to share their day and how things make them feel is a great way to support them. Help your children to set and achieve goals. You can help them to do it and show them how to break their goal down into manageable sections. This is a really helpful life skill and very good for wellbeing. Show children it's important to take care of your physical and mental health. Model good habits to them and explain to them why it's equally important to look after your mind as well as your body.

CAMHS

Mental health problems affect about 1 in 10 children and young people. They include depression, anxiety and conduct disorder, and are often a direct response to what is happening in their lives. The emotional wellbeing of children is just as important as their physical health. Good mental health allows children and young people to develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults.

For more information on supporting your child's mental health, please head over to the Mental Health Foundation website. They have put together a guide for parents and carers which is very insightful.

https://lnkd.in/dPmrKA5













CHRISTMAS CARD DESIGN COMPETITION



Are you a budding Harpenden artist aged 4-11? Would you like to design the Town Mayor's official Christmas Card and turn on Harpenden's Christmas Lights at the Christmas Carnival with the Mayor and last year's Winner?

Then get creative and send in your design on A4 paper (with your name, age and school on the back) and deliver or post to: The Mayor's Secretary, Harpenden Town Council, Town Hall, Leyton Road, Harpenden, AL5 2XL by Friday 7 November. Good luck!

















Delivering Special Provision Locally

ND 25/26 Coffee Mornings

DSPL7 & Vista St Albans+ host coffee mornings where School and SEND Family Workers are available to support parents / carers of children with SEND regardless of a diagnosis. This is an informal and safe place for parents / carers to share information and chat. The DSPL7 SEND Lead and other professionals may also be available for discussions. There is no need to book to attend this drop in session.

Mornings on 8th October, 25th November, 28th January, 17Th March, Dates:

13th May & 30th June

9:15 - 11:30am Time:

The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, AL1 Venue:

4LW. The Hub is to the right hand side of the school building at the bottom of the car park. There is no parking available onsite, but 3

hours free parking is available nearby in Morrisons supermarket.

Appointments

Running alongside our coffee mornings, there is also the opportunity to reserve a 20-30 minute appointment to speak to the following professionals between 9:30am - 12:00pm.

To book an appointment:

Please email admin@dspl7.org.uk

Dates	Professionals attending
Wednesday 8 th October	Thelma Mugovera - Ask Sali (EHCP advice)
Tuesday 25th November	Harri Nicholas - EBSA
Wednesday 28th January	Laura Tarrant - ASD & PDA
Tuesday 17th March	Tanya Suri - Speech and language
Wednesday 13 th May	Jess Pickle - First Steps, eating disorders, Afrid
Tuesday 30 th June	Elaine Bridle- ADHD

Vista contact details: DSPL7 contact details: 01727 519229

01727 519128

vistastalbans@gmail.com admin@dspl7.org.uk

www.vistastalbans.org.uk www.dspl7.org.uk







