

Dear Parents and Carers,

Under guidance from the Government, Primary schools from 2020 will be required to teach children health and relationship education. At Manland, we use the Jigsaw scheme of work to help us deliver sex and relationship education lessons in a sensitive and age appropriate way.

We have included information about what your child will learn in each year group and in which term.

In years 3,4,5 and 6 children are shown short animations based upon the images that you have been included. We are not allowed to put these on our website or send them to parents for copyright reasons. If you feel you would like to see them before they are used in your child's class, please make an appointment to see Mrs Paganuzzi who will be able to let you see them in school.

<u>Year Group</u>	<u>Term</u>	<u>Theme</u>	<u>Vocabulary</u>
Reception	Spring 2	I can wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet.	ear, eye, knee, finger stomach, leg, arm, tongue, toe, forehead, chest, mouth, nose, eyebrow
	Summer 1	I can identify some of the jobs I do in my family Changing me They will name parts of their bodies	
	Summer 2	I can name parts of the body	
Year 1	Spring 2	To know how to keep myself clean and healthy	Male, Female, Vagina, Penis, Testicles, Vulva, Anus
	Summer 1	To identify the members of my family and understand that there are lots of different types of families	
	Summer 2	To start to understand the life cycles of animals and humans understand that changes happen as we grow and that this is OK To tell you some things about me that have changed and some things about me that have stayed the same. To know how my body has changed since I was a baby.	

	Summer 2	<p>To understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby</p> <p>understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow.</p> <p>To understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies identify how boys' and girls' bodies change on the outside during this growing up process.</p> <p>To identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up.</p> <p>To start to recognise stereotypical ideas I might have about parenting and family roles</p>	
Year 4	Summer 1	<p>To tell you about someone I know that I no longer see</p> <p>To understand what having a boyfriend/ girlfriend might mean and that it is a special relationship for when I am older.</p> <p>To know how to show love and appreciation to the people and animals who are special to me</p>	Sperm, Egg, Ovum, Penis, Testicles, Vagina, Vulva, Womb, Uterus, Ovaries, Making love, Having sex, Sexual Intercourse, Fertilise, Conception, Puberty, Menstruation, Periods
	Summer 2	<p>To understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm correctly label the internal and external parts of male and female bodies that are necessary for making a baby.</p>	

		To describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.	
Year 5	Summer 2	<p>To explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally.</p> <p>To describe how boys' and girls' bodies change during puberty</p> <p>To understand that sexual intercourse can lead to conception and that is how babies are usually made</p> <p>To understand that sometimes people need IVF to help them have a baby</p> <p>To identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)</p>	<p>Puberty, Menstruation, Periods, Sanitary Towels, Sanitary pads, Tampons, Ovary, Ovaries, Vagina, Oestrogen, Vulva, Womb, Uterus, Puberty</p> <p>Sperm, Semen, Testicles, Testes, Erection, Ejaculation, Wet Dream, Larynx, Facial hair, Growth spurt, Hormones, Relationships, Conception, Making love, Sexual intercourse, Fallopian tube, Fertilisation, Pregnancy, Embryo, Umbilical cord, Contraception, Fertility treatment (IVF)</p>
Year 6	Autumn 2	<p>To understand there are different perceptions about what normal means</p> <p>To understand how being different could affect someone's life</p>	<p>Pubic Hair, Voice Breaks, Menstruation, Semen, Growing Taller, Hips Widen, Facial Hair, Erection, Tampon, Breasts, Hormones, Wet Dream, Masturbation, Sanitary Towel, Clitoris, Testicles, Sperm, Underarm Hair, Penis, Feeling Moody, Vagina, Womb, Fallopian Tube, Vulva.</p>
	Summer 2	<p>To explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally</p> <p>To describe how a baby develops from conception through the nine months of pregnancy, and how it is born</p>	<p>Pregnancy, Embryo, Foetus, Placenta, Umbilical Cord, Labour, Contractions, Cervix, Midwife,</p>

		To understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend	Attraction, Relationship, Pressure, Love, Sexting
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