

The Mud Pack Challenge

keep calm and
mud pack on!



**The Hospice
of st francis**

Reg. Charity No. 280825

**Sunday 15th October
at Ashridge House**

Special thanks to our
event sponsors

British Gas

Go bigger. Go wetter. Go muddier.
Get filthy for The Hospice of St Francis this
October in the wonderful surroundings of
Ashridge Estate.

7km or 14km packed with our renowned
obstacles... May the mud be with you!



stfrancis.org.uk/mudpack

**ASHRIDGE
HOUSE**

