



Manland Primary School

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Headteacher: Mrs Wicks

Wednesday, 18 March 2020

Dear Parents, Carers, Staff and Governors

Updated information: Coronavirus

On Monday, the Government introduced new guidance on whole household isolation in response to the coronavirus (COVID-19) outbreak:

- If you live alone and you have symptoms of coronavirus (COVID-19), however mild, stay at home for 7 days from when your symptoms started
- If you live with others and you or another member of the household have symptoms of coronavirus, then all household members must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill. It is likely that people living within a household will infect each other or be infected already. Staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community
- For anyone in the household who starts displaying symptoms, they need to stay at home for 7 days from when the symptoms appeared, regardless of what day they are on in the original 14-day isolation period.

The symptoms are:

- A high temperature (37.8 degrees and above)
- A new, continuous cough

We would appreciate your co-operation with this. If you are self-isolating for the 14 day period please inform the school via phone or email (admin@manland.herts.sch.uk).

The full stay at home guidance for households with these symptoms can be found here:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

The most important thing individuals can do to protect themselves is to wash their hands more often, for at least 20 seconds, with soap and water. Public Health England recommends that in addition to handwashing before eating, and after coughing and sneezing, everyone should also wash hands after using toilets and travelling on public transport.

Watch this short NHS film for guidance:



· <https://youtu.be/bQCP7waTRWU>

Please be assured that we will continue to monitor pupils for the symptoms above. Where these symptoms develop at school, we will contact you as soon as possible to arrange for your child(ren) to be picked up.

We are also continuing our increased cleaning and hand washing regime in school and would be grateful if you would continue to reinforce the message of regular handwashing with all family members at home.

Thank you for your continued support with this.

Kind regards

Mrs Wicks
Headteacher

